# DEPRESSION COMORBIDITY:

APPLYING BRIDGE CENTRALITY IN NETWORKS TO UNDERSTAND OVERLAP WITH OTHER MENTAL DISORDERS

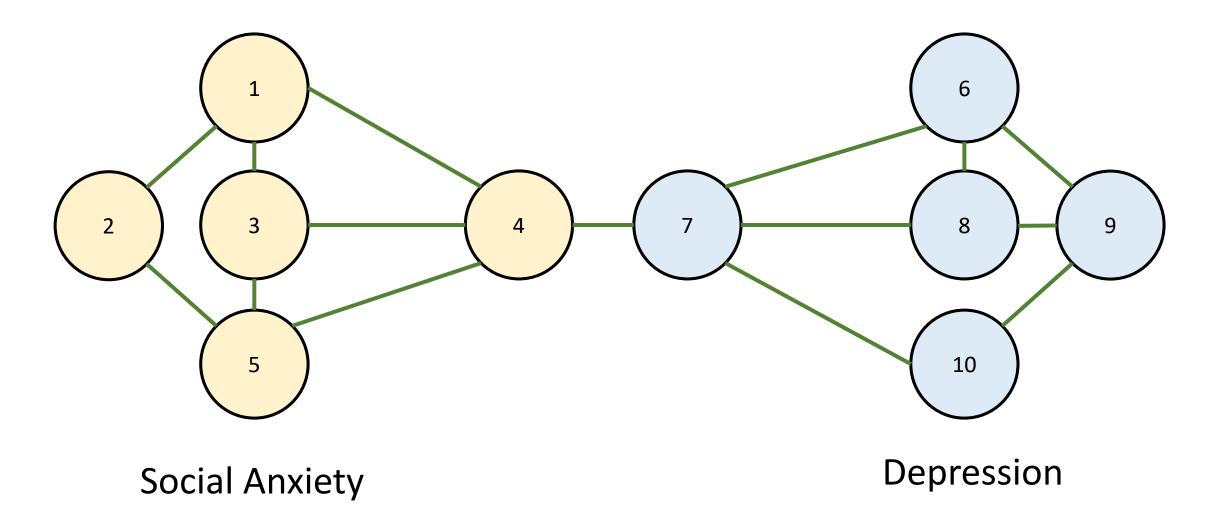
Payton Jones<sup>1</sup>, Ruofan Ma<sup>2</sup>, & Richard McNally<sup>1</sup>

<sup>1</sup>Harvard University

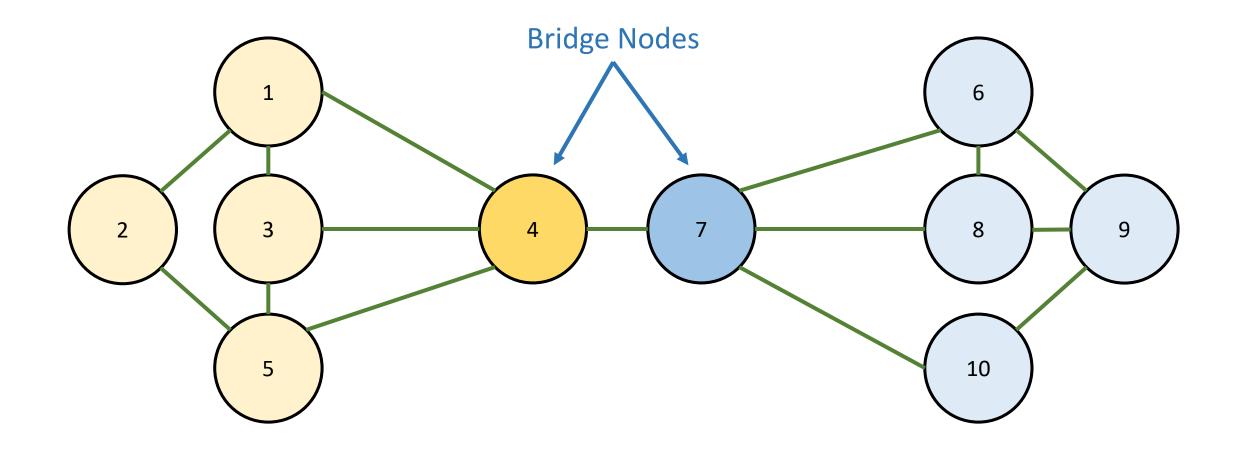
<sup>2</sup>Michigan State University

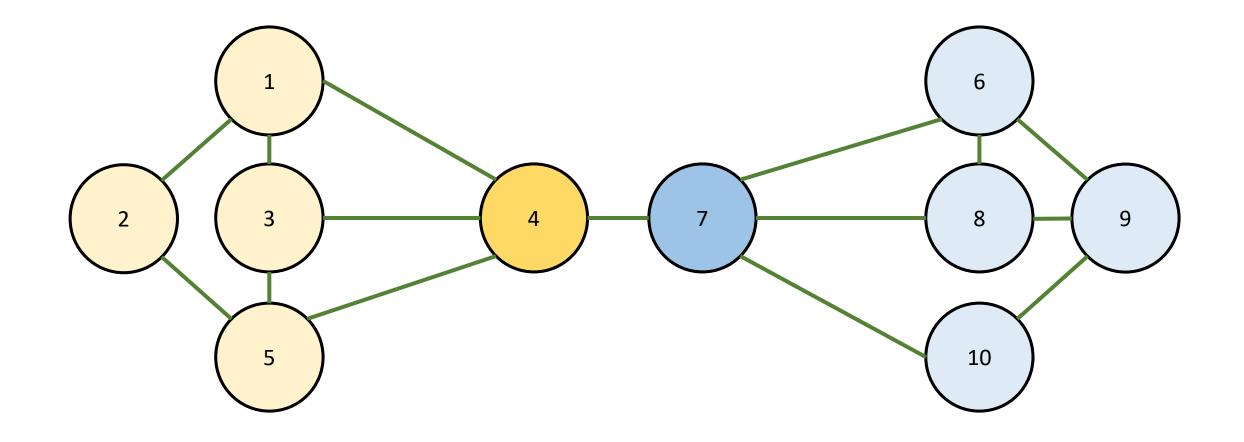


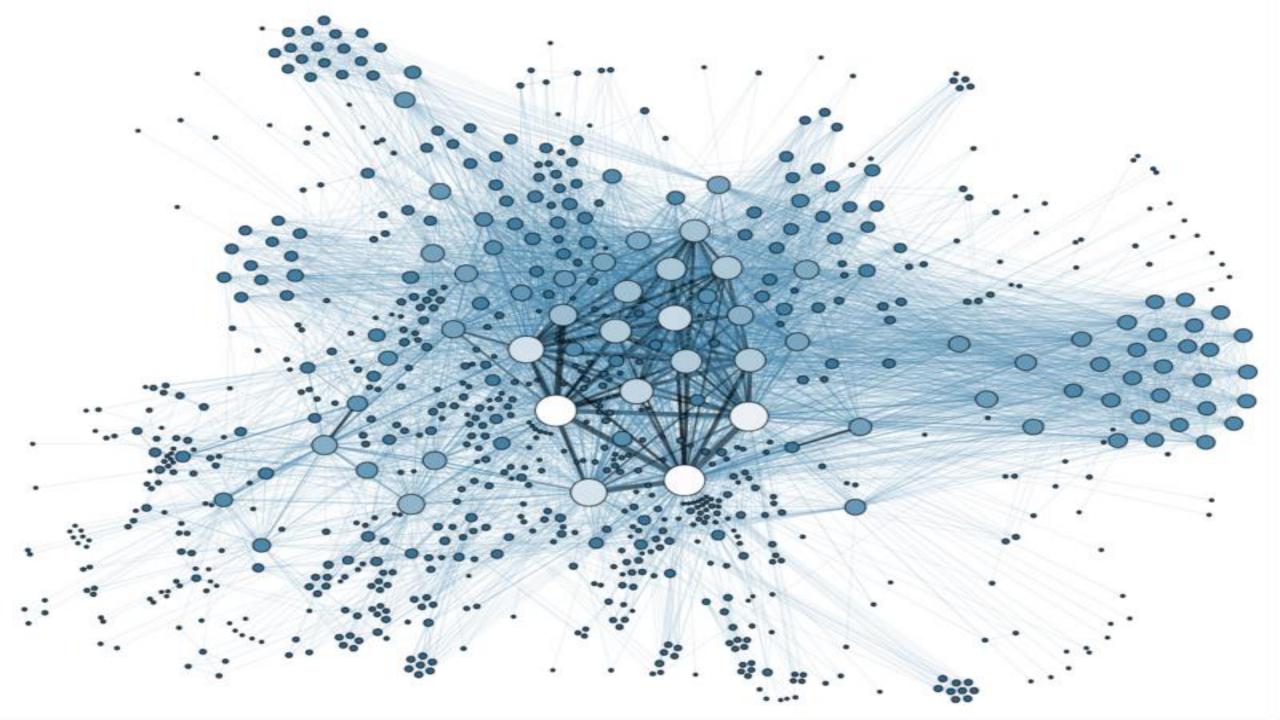
## Mental Disorder Comorbidity



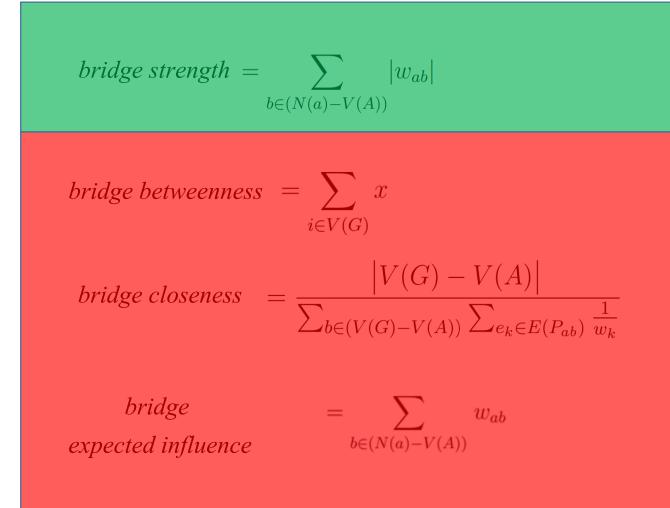
Adapted from Comorbidity: A network perspective (Cramer et al., 2010)

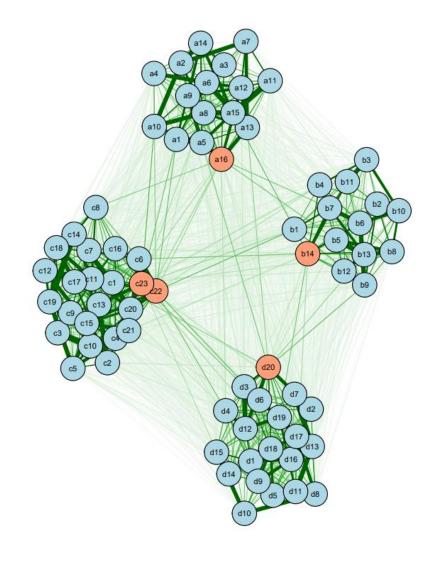


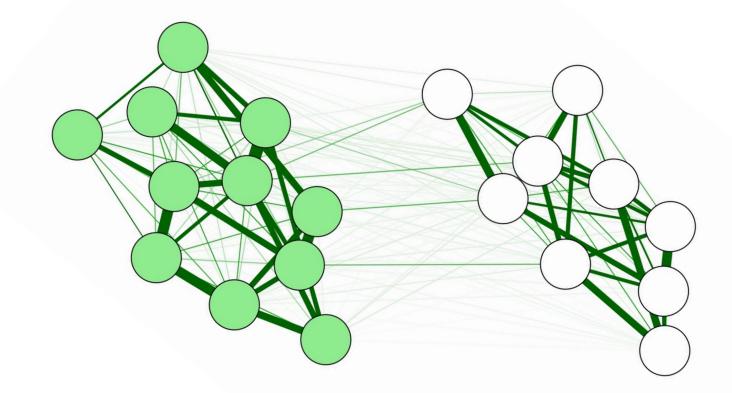


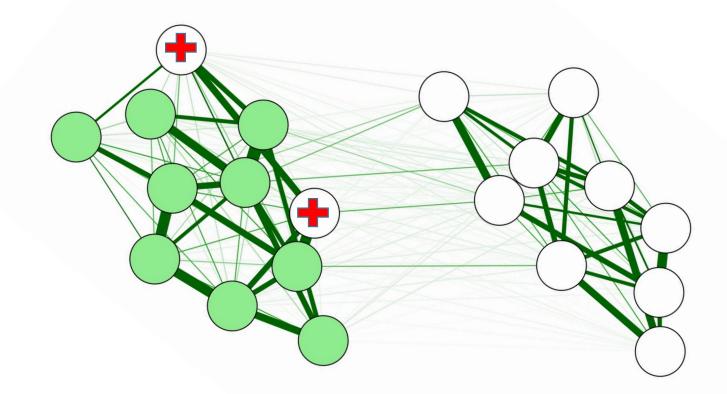


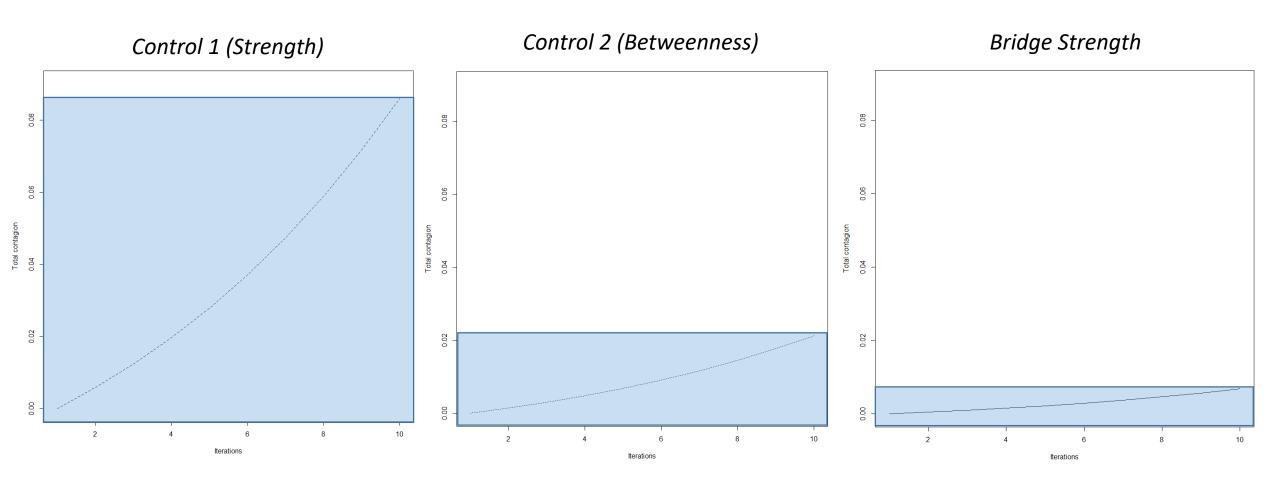
# BRIDGE CENTRALITY











# **RE-ANALYSIS:**

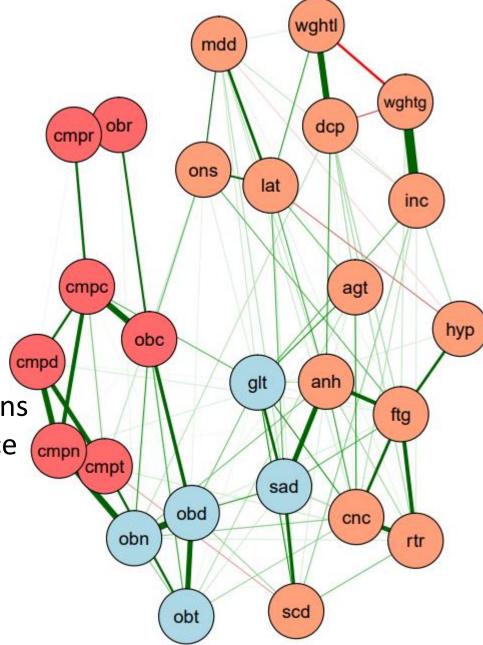
- 12 published comorbidity networks with depression
- Bridge symptoms indicated by bridge centrality
- 4 example networks:
  - Depression & obsessive-compulsive disorder
  - Depression & generalized anxiety disorder

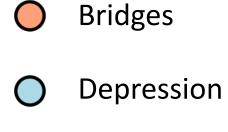
### Depression & Obsessive Compulsive Disorder

#### McNally et al., 2017

**Depression Bridges** 

- Sadness
- Guilt
- **OCD Bridges**
- Obsessional distress
- Time spent on obsessions
- Obsessional interference 
  cmpn



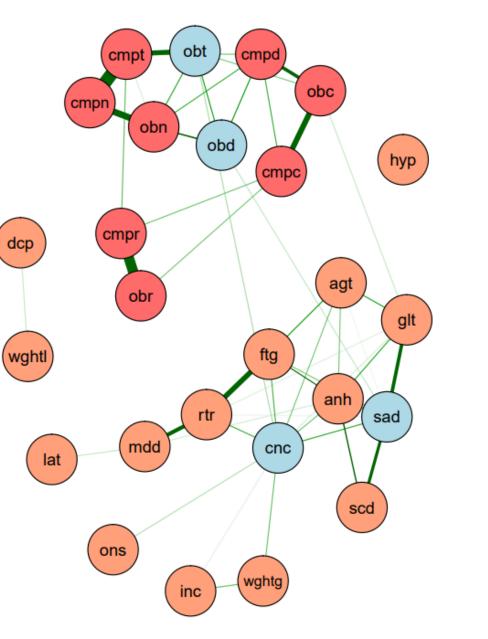


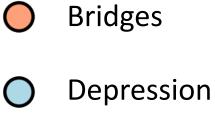
OCD

#### Jones et al., 2017

**Depression Bridges** 

- Sadness
- Concentration problems OCD Bridges
- Obsessional distress
- Time spent on obsessions





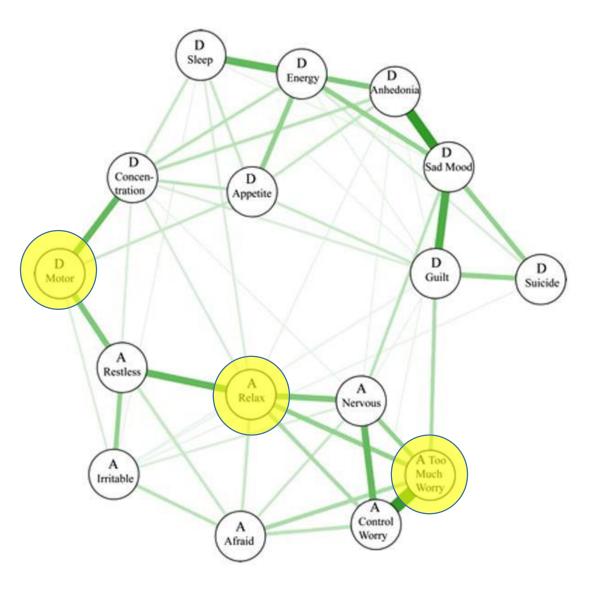
OCD

## Depression & Generalized Anxiety Comorbidity

#### Beard et al. (2016)

**Depression Bridges** 

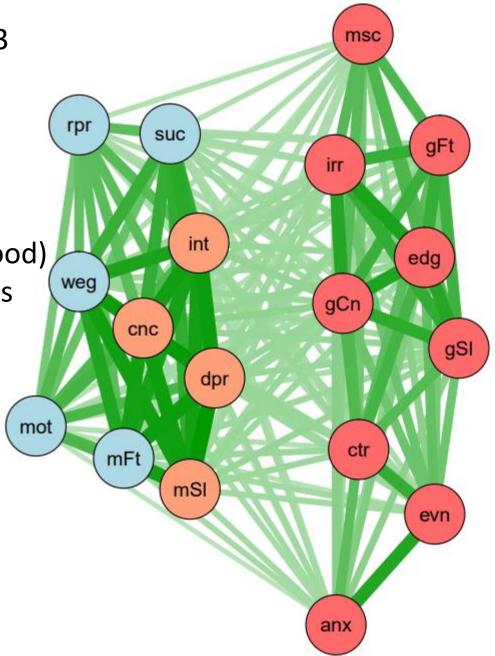
- Motor agitation Anxiety Bridges
- Trouble relaxing
- Worry



#### Borsboom & Cramer, 2013

**Depression Bridges** 

- Sadness (depressed mood)
- Concentration problems
- Loss of interest
- Sleep problems Anxiety Bridges:
- NA







Generalized anxiety

## Also analyzed: bulimia nervosa, complicated grief

sleep obsessing mood depressed associated time distress concentration sadness restless problems spent obsessions

Sadness: 8

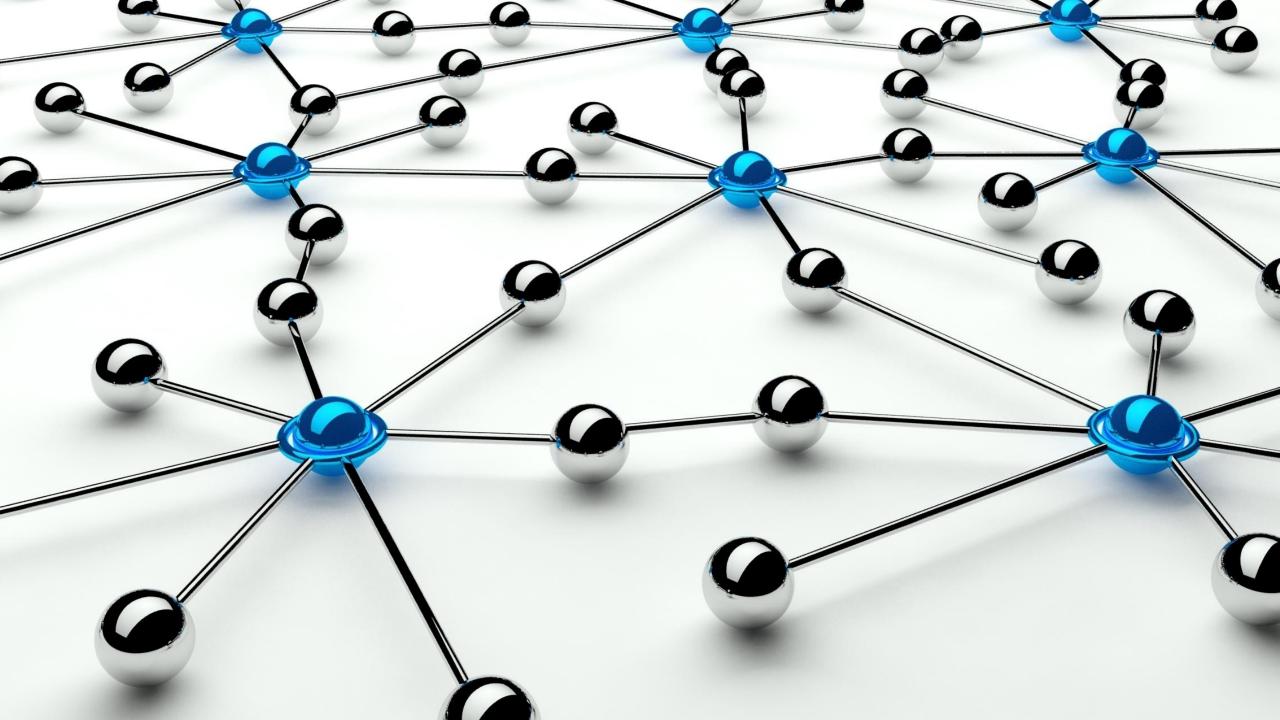
Sleep: 5

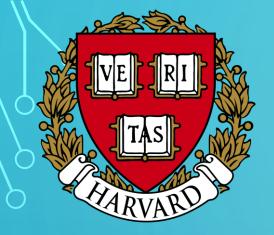
**Concentration: 5** 

Anhedonia: 3

Guilt: 2

# sleep<sub>guilt</sub>

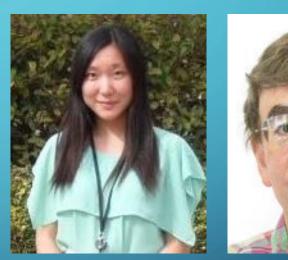




# THANK YOU!

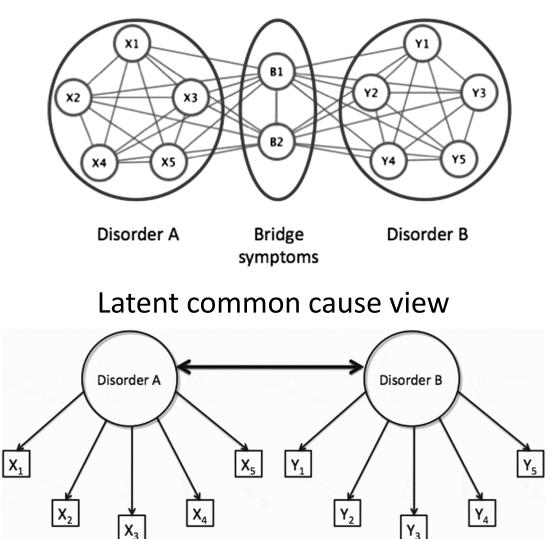


## <u>Co-authors:</u> Ruofan Ma Richard McNally



<u>Read the paper:</u> osf.io/c5dkj/ <u>Use the package:</u> networktools

#### Network view



Assumption: We have measured most of the causal variables

Assumption: We have not measured *any* of the causal variables